

SPECIAL DIET STATEMENT		
(to be completed by Health Care Provider/Cleric)		
Child's Name	Date of Birth	CYS Program/Activity
Sponsor Name		
Health Care Provider	Health Care Provider Phone	

Child/Youth Services (CYS) programs participate in the Child and Adult Care Food Program (CACFP) and must serve meals/snacks meeting the CACFP requirements. Food substitutions may be made only when supported by a medical physician. The physician must specify, in writing, the food to be omitted from the participant's diet and the food or choice of foods that may be substituted to meet your child's nutritional requirements. Please ask a physician to complete and sign this form. Return the completed form to your CYS program of Central Enrollment and Registration as applicable.

Foods to be Omitted	Reaction (if applicable)	*Authorized Substitutions

I certify that the above participant must be provided a special diet or requires special accommodations as indicated above.

\_\_\_\_\_ Date (YYYYMMDD)

Health Care Provider Signature and Stamp

### Cleric's Statement for Religious Food Preference

This child may not consume the above listed food/s due to the family's religious beliefs. This child is a participant in the USDA Child Care Food Program which provides federal funding for nutritious meals in child care programs. Patrons who request food substitutions for religious reasons are required by federal regulation to have a statement from a representative of their religious institution on file with the child care provider.

I certify that the above participant requires special accommodations as indicated above.

\_\_\_\_\_ Date (YYYYMMDD)

Signature of Representative of Religious Institution

### Photo Release Consent

In an effort to ensure CYS staff working with your child have knowledge of your child's special diet information, we recommend adding your child's photo to our posted special diet listing.

☐ YES, please post my child's photo with the special diet listing.

☐ NO, I would prefer my child's photo not be posted.

Parent Printed Name	Parent Signature	Date (YYYYMMDD)
Parent Printed Name	Parent Signature	Date (YYYYMMDD)
Parent Printed Name	Parent Signature	Date (YYYYMMDD)

\*Common food substitutions provided as a courtesy on reverse side of this form

<b>Food Allergy</b>	<b>Essential Food Component Missing</b>	<b>Food Substitutions</b>
Milk (Lactose Intolerant)	Calcium	Soy/Rice Milk and products/Lactose Free Milk
Dairy Product	Calcium	Soy products (cheese, yogurt)
Eggs	Protein	Cheese
Port	Protein	Beef, chicken, turkey, seafood, nuts, seeds, beans, legumes, cheese, yogurt, tofu, soybeans, soy based "meat" selections
Chicken/Turkey	Protein	Beef, port, seafood, nuts, seeds, beans, legumes, cheese, yogurt, soy based "meat" selections
Beef	Protein	Pork, chicken, turkey, seafood, nuts, seeds, beans, legumes, cheese, yogurt, soy based "meat" selections
Seafood	Protein	Beef, chicken, turkey, nuts, seeds, beans, legumes, cheese, yogurt, soy based "meat" selections
Strawberries	Vitamin C, potassium, dietary fiber	Apples, oranges, pears, peaches, plums, melons
Peanuts/Peanut Butter/Nuts	Protein, vitamin E, niacin, folic acid	Beans, legumes, soy nut butter, cheese
Apple Juice	Vitamin C, dietary fiber	100% orange, grape, grapefruit juices; no juice blends
Orange Juice	Vitamin C, dietary fiber, folic acid, potassium	100% apple, grape, grapefruit juices; no juice blends
Oatmeal	Dietary fiber, folic acid, carbohydrates	Corn, potato, soy, wheat and rice flours and arrowroot starch, cereal: corn flakes, rice crispies
MSG	N/A	Garlic salt/powder, onion salt/powder, Lawry's seasoned salt, all other single spices
Wheat	Carbohydrates, folic acid, dietary fiber	Corn, potato, oat, soy and rice flours and cereal made from these items and arrowroot starch
Soy Products	Protein	Beef, chicken, turkey, seafood, nuts, seeds, beans, legumes, cheese, yogurt, pork
Tomatoes	Vitamin A, Vitamin C, Potassium, Magnesium, Phosphorus, Calcium	Mango, Watermelon, Cantaloupe
Tomato Products	For cooking	"Nomato" <a href="http://www.nomato.com/">http://www.nomato.com/</a>

